

MODULE 1

CONFRONTING YOURSELF



In This Lesson

How to achieve complete life transformation

The most important thing to understand to achieve all your goals

The dark force holding you back

Raising consciousness



Disclaimer

We are about to say things that you probably don't want to hear. Other people won't tell you this because it hurts, but it is the truth.

We want only the best for you. Which means we have to be hard on you. The point of this lesson is not to make you feel bad, it's to give you control of your life.

We understand there are underprivileged people in the world, but if you are fortunate enough to have a computer and internet access so you can watch this course, you are not one of them.



Do not watch this video at 1.5x speed



How Do You Go About A Full Life Transformation?



Do NOT focus on going from where you are to where you want to be.



Do NOT focus on going from where you are to where you want to be.

Focus on going from who you are to who you want to be.



Who You Are to Who You Want to Be

Successful people and “normal” people are completely different people.

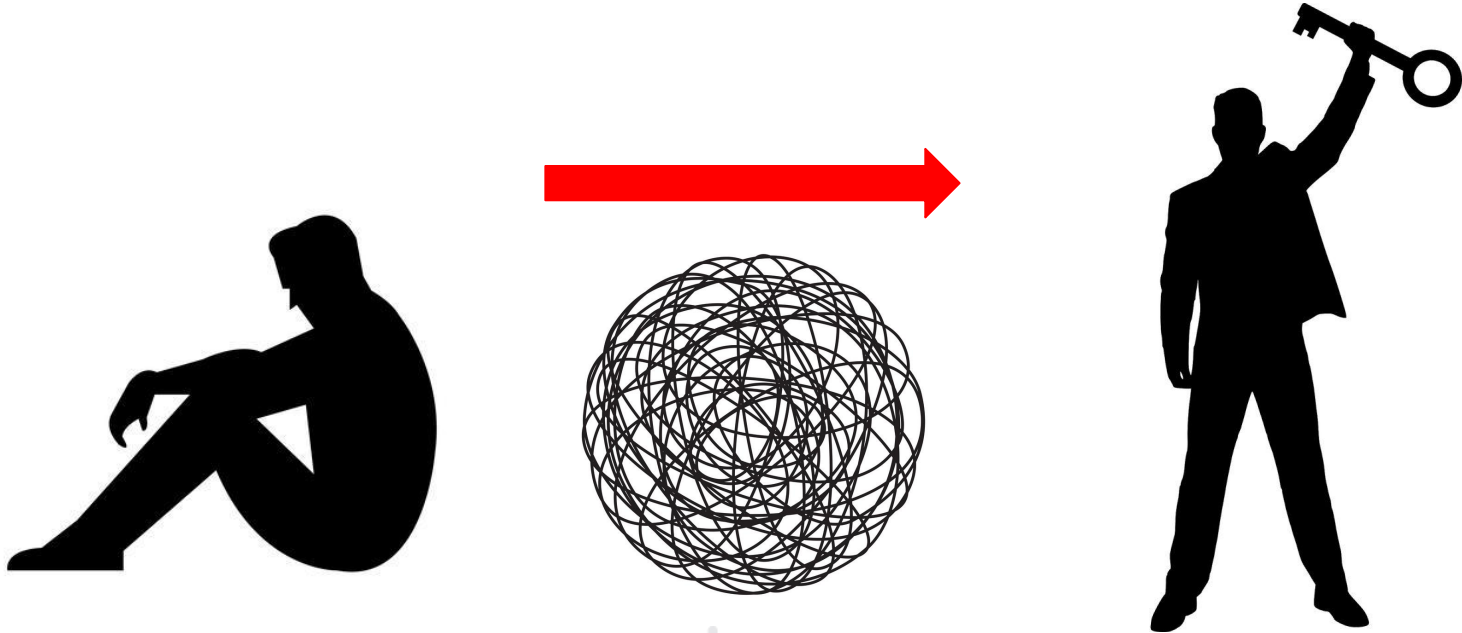
They might look the same, but they are not the same. They are very different.

They are polar opposites of each other.

Who they are is what created the success they have.



Who You Are to Who You Want to Be



Who You Are to Who You Want to Be



- See the world differently
- Think differently
- Believe in different things



Changing your life comes from the inside.



Your inside creates your outside.



What is The Reason For Where You Are in Life?



What is The Reason For Where You Are in Life?

You.



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You.

It's not your parents. It's not because you weren't born with money. It's not where you live. It's not your friends. It's not your age. It's not the government. It's not your race. It's not your class. It's not your English. It's not because you're an immigrant. It's not your job. It's not your boss. It's not your tech skills. It's not your looks. It's not your gender. It's not your awkwardness. It's not your personality. It's not your injuries. It's not your lack of skills. It's not your past. It's not your family. It's not your student debt.



Here's What Happens When You Blame Things

I'm not successful because...

My parents are unsupportive = nothing will change until my parents are supportive

My friends are holding me back = nothing will change until I have different group of friends

I'm awkward and not good at talking to people = nothing will change until I'm charismatic

I have so many student loans = nothing will change until I am out of debt

I'm a woman = nothing will change until I'm not a woman (or society allows women to become successful)

I'm a minority = nothing will change until minorities have equal rights



What is The Reason For Where You Are in Life?

It's so easy to blame something or someone else.

The moment you do that, you lose.

You lose control of your life forever.

When you don't have control, everything is decided by other things.



CONFRONTING YOURSELF



Confronting Yourself

You have to realize that you are where you are in life right now is because of nobody but you.

How much money you have, your physical state, your mental state. All the voices in your head, the doubts, the fear, the excuses - they're all your fault.

Everything that you think is someone else's fault... is your fault.

You are your own worst enemy because you've been blaming things other than yourself.

People's lives are exactly how they designed them. This is the most important thing to understand. No more sympathy for yourself. It ends now. Feeling bad for yourself will only perpetuate this.

If you don't link where you are in life right now, it's time to change.



“But it’s not my fault.”



“How did I end up here? I didn’t intend for this. If it all was my fault, I wouldn’t be here. If I’m so in control of my life, I would have something else because I don’t want this.”



Raising Consciousness

You've had a lack of consciousness your whole life about how the world works.

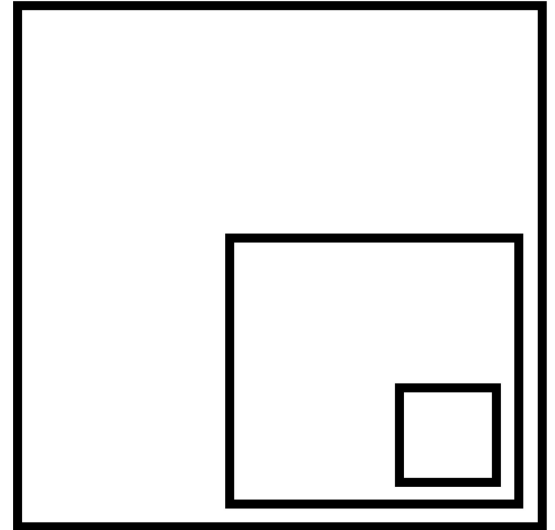
You were just living an autopilot without understanding the effects of every action you take.

You weren't aware that this is how the world works, until now.

Raising consciousness is bringing your level of awareness and understanding of the world to a higher level.

When you raise consciousness, everything changes.

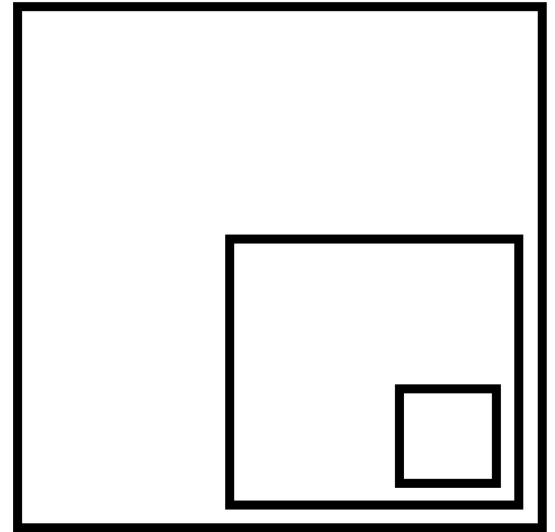
Necessary to achieve supreme intelligence.



Confronting Yourself

When you realize that you have control over everything in your life, you get all the power in the world.

Just stop blaming anything else.





No awareness of how life works. Everything just happens to us.





Fully aware that we can create exactly what we want.



Nothing changes until you realize this.



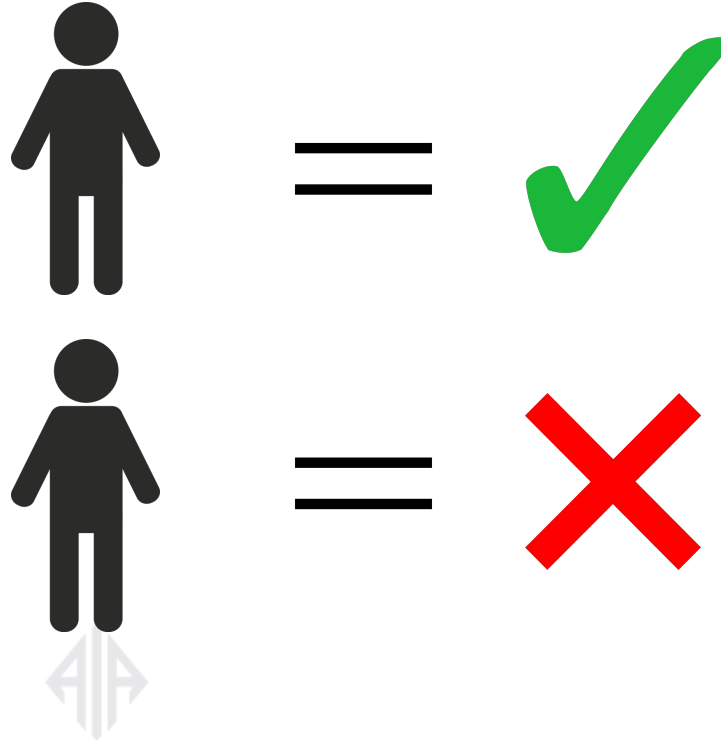
When you blame anything else, you are giving away control of your life.



Why Are You Talking About This?



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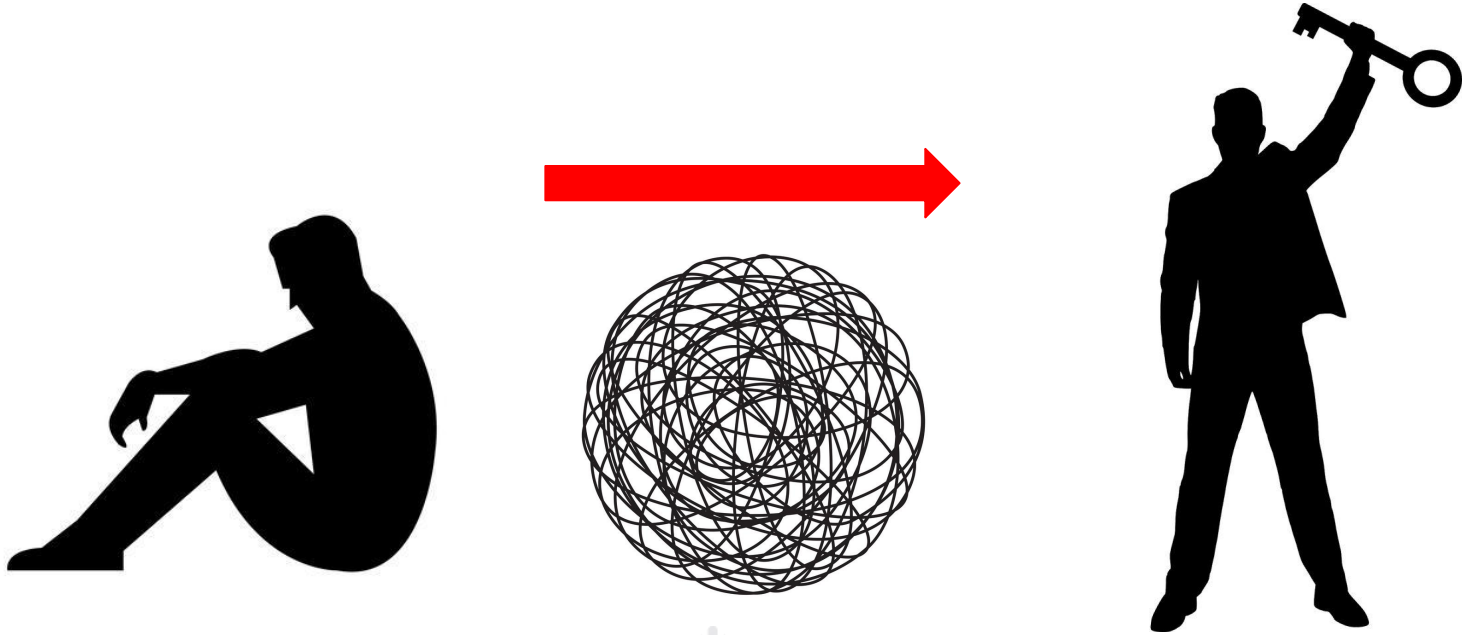
Your surroundings don't create you, you create your surroundings.



Who We Are Today Is Not Who We Were



Who You Are Is Not Who You Will Be



Understand that success is created by changing who you are, nothing else.



Confronting Yourself

There are many changes that you need to make about yourself to achieve massive success in life.

Confronting yourself and understanding that you create and are responsible for everything in your life is just the first and most fundamental one.

The entire first week is about the changes you need to make about yourself.

